

10,000
active kids per day

3,000,000
proud happy parents

325+
locations worldwide

30
years of experience

CLASS SCHEDULE

Time	Monday	Tuesday	Wednesday	Thursday	Friday
9:15 AM		My Gym Mommy & Baby (Ages 1 mo-2 yrs)	My Gym Mommy & Toddler (Ages 2 yrs-4 yrs)	My Gym Mommy & Baby (Ages 1 mo-2 yrs)	My Gym Mommy & Toddler (Ages 2 yrs-4 yrs)
10:00 AM	My Gym Art Explorers	My Gym Open Play			
11:00 AM	My Gym Open Play				
12:00 PM	My Gym Aqua Challenge	My Gym on the Beach - Games & Relays	My Gym Treasure Hunt	My Gym on the Beach - Olympic Training (Kids Only)	My Gym on the Beach - Family Olympics
1:00 PM to 6:00 PM	My Gym Open Play				
7:30 PM to 10:30 PM			My Gym Parents' Night Out		My Gym Parents' Night Out

Saturday & Sunday

9:15 AM to 6:00 PM



My Gym Open Play

Age-appropriate gymnastics, games, songs, sports, and so much more!

Millions of kids agree.



HOTELS
BY KARISMA